

IDLE TORQUE



AUGUST 2025

Edition No. 279

**Newsletter of the
C.ex Coffs Sports
Touring and Classic Car Club
PO Box 2068 Coffs Harbour 2450**

Email: cexcoffsstccarclub@gmail.com

Website: www.cexcoffstccarclub.info

NSW Historic Motoring Association <https://www.nswhma.org.au>



***“More
than just a
car club”***

Disclaimer: The views and opinions expressed within this newsletter are not necessarily those of the C.ex Coffs Sports Touring and Classic Car Club or its Committee. Whilst all care has been taken, neither the club nor its officers accept responsibility for the accuracy of information printed and the quality of any items or services advertised or mentioned in this publication.

The Committee reserves the right to edit contributions for publication.

EDITOR

Annual General Meeting 3rd August 2025

A very successful AGM was held at C.ex Woolgoolga on Sunday 3rd August with all Committee and Office Bearer positions being filled.

AGM's have always been a critical time for many clubs, including ours, when a new committee must be formed to ensure the future of the club.

This year, as we enter our 25th year, we have not only prevailed but assembled a very capable committee, comprising members with existing experience and some new recruits who will provide new areas of expertise and new ideas to help take our club forward.

Pat O'Carroll was re-elected as President for a second term and we welcome David Kennedy as our new Secretary, Warwick Thomson as our new Treasurer, and Craig Dandeaux as a new Committee Member.

To strengthen our Office Bearer ranks we have been fortunate to recruit Steve Horsfall as Newsletter Editor, Bob Harris as Publicity Officer, and Ken Stanley has joined the Events Committee.

Many other of our faithful Office Bearers from 2024-2025, have re-enlisted.

A full list of all positions features on page 5.



**C.EX COFFS SPORTS TOURING AND CLASSIC CAR CLUB
2025 ANNUAL GENERAL MEETING AT CEX WOOLGOOLGA
SUNDAY 3RD AUGUST**

MEETING Commenced 11.00am

NUMBER PRESENT: 38 (29 Members and 9 Partners)

PRE-MEETING ENTERTAINMENT: A video titled "Looking Back 2024-2025" was shown.

Welcome By President

Pat O'Carroll welcomed everyone and remarked what a successful year it had been for the car club and gave a summary of the numbers of events the club had held. Pat thanked the various Office Bearer groups and several individuals for their contribution over the past year. On a very sad note, Pat remembered our much loved, long-standing member, Brian Carter, who passed away recently. Pat's words were echoed amongst the attendees and Bob Harris also made a personal acknowledgement to Brian.

APOLOGIES: Ian Reynolds, Warwick Thomson, Gary Bianco, Alan Mattinson, Dennis Johnson, Joe Baiada, Russell Phemister, Judy Phemister.

CONFIRMATION OF MINUTES OF PREVIOUS AGM 25th AUGUST 2024 AND ANY BUSINESS ARISING

The Minutes of the previous AGM were shown on an overhead slide. No questions were raised and it was declared there was no business arising.

Moved that the Minutes of the previous meeting be received as true and accurate.

Moved by: Acting Secretary Michael Guymer Seconded by: Dick Willis

PRESENTATION OF THE TREASURERS ANNUAL FINANCIAL REPORT AS AT 30th JUNE 2025

A report on Income and Expenditure for the financial year ended 30th June 2025 was displayed on overhead slide and discussed by the Club Treasurer, Mike Gosbell.

Moved that the June 2025 Annual Financial Report be received as true and accurate.

Moved by: Club Treasurer Mike Gosbell Seconded by: Sandy Guymer

CHANGES TO THE CAR CLUB BY-LAWS

An overhead slide showing the existing By-Laws and the proposed changes was explained by Club President, Pat O'Carroll and opened for questions from the floor.

Bob Harris enquired as to the current number of members. Acting Secretary displayed an excel spreadsheet on overhead slide confirming current membership was 81, with a few other applications awaiting approval.

A vote was then held, and the result was in favour, and unanimous. The proposed changes had also been approved by C.ex Coffs Board, subject to a majority vote by car club financial members.

It was then moved the changes be implemented immediately and uploaded to the car club website.

Moved by: Club President Pat O'Carroll Seconded by: The unanimous vote by members present

COMMITTEE ELECTIONS

Club Member, Dick Willis introduced himself as the club appointed Returning Officer and welcomed everyone to the C.ex Coffs Sports Touring & Classic Car Club 2025 Annual General Meeting. He thanked the outgoing Committee and Officer Bearers for their contribution to our club over the past year. He then directed all existing Committee Members to stand down and declared all positions vacant.

He confirmed the Car Club Newsletter, Idle Torque, was emailed to members on 7th July 2025 and included the 2025 AGM Agenda and 2025-2026 Committee Nomination Form. He further advised the Car Club is required, under the C.ex Coffs "Rules for Operation", to fill the following minimum number of positions in order for the Car Club to operate as a Sub-Club of C.ex Coffs. President, Vice President, Secretary, Treasurer and a minimum of one Committee Member from a maximum allowed of 4.

Nominations from the floor were requested and as no further nominations were received, a slide was displayed showing all current nominations, proposers, and seconders.

Dick moved the 2025 AGM election process be accepted as completed in terms of the C.ex Coffs Rules and extended his congratulations to the new Committee. He thanked everyone for their participation and wished the Car Club well in 2026.

Pat O'Carroll thanked the outgoing Secretary, Tom Craven, and outgoing Treasurer, Mike Gosbell, for their good work over the last year. Pat also acknowledged the following members who are taking on new roles, Secretary David Kennedy, Treasurer Warwick Thomson, Committee Member Craig Dandeaux, Publicity Officer Bob Harris, Newsletter Editor Steve Horsfall, and Events Committee Ken Stanley.

MEETING CLOSED 11.30am

Club President, Pat O'Carroll declared the 2025 AGM closed and thanked everyone for their attendance.

C.EX COFFS SPORTS, TOURING & CLASSIC CAR CLUB
CLUB BY-LAWS (As Amended 3rd August 2025)

MEMBERSHIP

1. Applications for membership must be submitted using the car club's standard *Application for Membership Form*, and the applicant must attend a car club General Meeting for introduction before their application can be processed.

CONDITIONAL REGISTRATION

2. Any applications for Conditional Registration (be it HVS or CVS) must be made in accordance with the guidelines and instructions set down by the NSW Historic Motoring Association and approvals will be subject to the Transport for NSW rules and regulations.

3. Conditional Registration is considered a privilege and is granted on the basis that those members will actively participate in car club events on a regular basis. New members must attend at least two (2) club events before applying for either HVS or CVS conditional registration, club monthly meeting do count as an event for this purpose.

4. Annual renewal of Conditional Registration is the discretion of the car club Committee and will be considered based on the members involvement with the car club over the past year, and their individual circumstances.

5. Members must provide copies of their Conditional Registration papers for vehicles registered under the Historic Vehicle Scheme and the Classic Vehicle Scheme to the Club Registration Administrator on initial registration and on renewal, within seven days of the registration date.

6. Registration Administrators and Registration Inspectors are not authorised to complete, sign off on, or process, any documentation in relation to conditional registration for vehicles where they are the registered owner.

7. Any modifications and other alterations made to the vehicle after inspections for HVS and CVS must be immediately notified to the Registration Administrator.

www.cexcoffstccarclub.info



OFFICE BEARERS 2025-2026

PRESIDENT Pat O'Carroll	02 6653 5585	0448 017 048	theocarrolls@hotmail.com
VICE PRESIDENT Albert Johnson		0418 968 004	albertwgjohnson@gmail.com
SECRETARY David Kennedy		0432 508 064	kennedydavid058@gmail.com
TREASURER Warwick Thomson		0438 665 236	warwickthomson@bigpond.com
MANAGEMENT COMMITTEE 1 Patrick Mathon 2 Craig Dandeaux 3 Steve Woods 4 Ian Ward	02 6656 1029	0418 430 401 0412 311 790 0408 436 356	p.mathon@bigpond.net.au petercraig539@gmail.com stevewoods2@bigpond.com iw09021948@gmail.com
NEWSLETTER EDITOR Steve Horsfall		0418 281 045	vk2tev@gmail.com
WEBMASTER Michael Guymmer	02 6658 5028	0409 827 064	theguymers@bigpond.com
EVENTS COMMITTEE Steve Woods Sandra Guymmer Bob Rushbrook Ian Ward Ken Stanley	02 6658 5028 02 6658 8225 02 6656 1029 02 6654 1154	0408 436 356 0417 200 488 0431 445 311 0438 396 987	stevewoods2@bigpond.com theguymers@bigpond.com bob.rushy@gmail.com iw09021948@gmail.com kenstanley854@gmail.com
PUBLICITY OFFICER Bob Harris		0487 200 999	footballbob@gmail.com
REGISTRATION ADMINISTRATOR Patrick Mathon		0418 430 401	p.mathon@bigpond.net.au
REGISTRATION INSPECTORS Barry Habgood Albert Johnson		0419 691 513 0418 968 004	barrhabgood@bigpond.com albertwgjohnson@gmail.com
PROPERTY & REGALIA OFFICER Dick Willis		0427 400 158	willisrg@smartchat.net.au
RAFFLE CO-ORDINATOR Ian Ward	02 6656 1029		iw09021948@gmail.com



Russell & Judy Phemister
Life Members August 2024



Membership Fees 2025 - 2026

**Membership Fees of \$35 were due
Monday 14th July 2025**

If you have overlooked paying your membership fees could you please attend to this as soon as possible.

OR

Contact the Club Treasurer

This is very important if you have a car vehicle on conditional registration as your vehicle will be considered unregistered and uninsured if your car club membership expires.

As in previous years, please direct credit our car club account, including your C.ex Coffs membership number and surname in the reference or description field.

Example ***“12345 Smith”***

Account details to credit are:

BSB Number: 533000

Account Number: 10652729

Reference Field: **(Please don't forget)**

New members who have joined in May, June or July 2025 are not required to pay a renewal fee.

Thank You

COMMITTEE

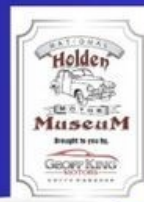
EVENTS CALENDAR AUGUST - OCTOBER 2025

DATE	DAY	MONTH	CONTACT	RSVP
		AUGUST		
3rd	Sunday Sunday Sunday	ANNUAL GENERAL MEETING FOLLOWED BY AUGUST GENERAL MEETING	Pat O'Carroll theocarrolls@hotmail.com 0448 017 048	WERE DUE FRIDAY 25TH JULY
10th	Sun	COFFS CITY ROTARY MOTOR SHOW INVITATION EVENT- SEE PAGE 8	No car club contact appointed. Participating car club members to make own arrangements.	
13th	Wed	BYO MORNING TEA RUN MORGO PARK URUNGA	NO RSVP REQUIRED MEET IN THE PARK 10.00AM	
17th	Sun	GRAFTON VINTAGE MOTOR CLUB MOTORFEST 25 INVITATION EVENT - SEE PAGE 9	No car club contact appointed. Participating car club members to make own arrangements.	
24th	Sun	LUNCH AT RALEIGH WINERY 12.00pm Depart Bonville Service Station 11.30am	Bob Rushbrook bob.rushy@gmail.com 02 6658 8225 0431 445 311	Mon 18th Aug
30th	Sat	SUMMERLAND S & C CAR CLUB INC. OPEN DAY CELEBRATION INVITATION EVENT - SEE PAGE 10	Ian Reynolds ianandrobrynreynolds@gmail.com 0417 473 029	If showing your car
		SEPTEMBER		
1st	Mon	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
3rd	Wed	MORNING TEA AT ANCHORS WHARF Depart Bonville Service Station 9.30am	Ian Ward iw09021948@gmail.com 02 6656 1029	Friday 29th Aug
14th	Sun	LUNCH AT NAMBUCCA GOLF CLUB Depart Bonville Service Station 11.00am	Sandy Guymer theguymers@bigpond.com 0417 200 488	Mon 10th Sept
27th	Sat	LADIES BREAKFAST Key Café High st Coffs Harbour MEET THERE 9.30am	Sandy Guymer theguymers@bigpond.com 0417 200 488	Wed 24th Sept
		OCTOBER		
7th	Tuesday Tuesday Tuesday	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
15th	Wed	MORNING TEA STEF BEACHSTONE CAFE 2 Beach Way Sapphire Beach Depart Homebase 9.30am	Ken Stanley kenstanley854@gmail.com 0438 396 987	Fri 10th Oct
26th	Sun	RUN TO ILUKA BYO Morning Tea at See Park Grafton Lunch at The Sedgers Reef Hotel Iluka Depart Homebase 9.00am (Can do morning tea only if you wish)	Steve Woods stevewoods2@bigpond.com 0408 436 356	Mon 20th Oct

COFFS CITY ROTARY MOTOR SHOW



Supported by the National Holden Motor Museum



Sunday 10th August 2025

Gates open to the public 10am -2pm

Bump in 6am - 9:30am



Level 1 undercover carpark

Park Beach Plaza Coffs Harbour

Trophy prizes on the day



Over 100 undercover spaces available

Cars of all makes and motorbikes welcome

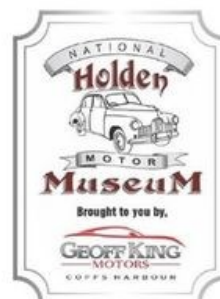
Display Entry cost \$10 (includes entry for the driver) Spectator entry \$5

Make a weekend of it with Saturday 9th being the 1st birthday special event for the National Holden Motor Museum and re opening of the Bunker Cartoon Gallery in Coffs Harbour.

To register please contact us below.



Coffs City
Rotary



All proceeds for the benefit of local Rotary projects.

For more information contact: Bob: 0411 727 255
Mitch: 0466 376 903 Mitchell@holdenmuseum.com.au



GRAFTON VINTAGE MOTOR VEHICLE CLUB

MOTORFEST 25

Sunday, 17th August 2025

Cars, Trucks, Motorcycles, Etc.

FEATURED MARQUE: HOLDEN



Jabour Park, Minden Street, Sth.Grafton
Camping, Entertainment, Markets.



Judging from 9am to 11am

Entry Fee \$10 for any Vehicle
Spectators – Gold Coin Donation



PHONE: Kim 0418 660347

www.gvmvc.com.au

Postal Address: PO Box 523 Grafton NSW 2460



**OPEN DAY CELEBRATION
LISMORE PCYC
& SUMMERLAND SPORTS & CLASSIC CAR CLUB INC.**

INVITATION

CAR SHOW and COFFEE

Saturday August 30th 2025 9:00am – 11:30am

Where: PCYC Lismore Cnr. Orion & Dawson Streets, Lismore

What: All vintage, veteran, classic, sports and unique cars and bikes welcome

Entry Cost: \$10 per vehicle

Cars and bikes assemble at PCYC from 8.00am

Judging will commence at 10.00am

Trophies presented from 11.00am

We would appreciate your promotion of our event to your members
and its inclusion in your Club calendar for this year.

Coffee and food will be present on the day.

Summerland Sports & Classic Car Club has joined PCYC to help raise monies for their
Safer Driver Courses for Learner Drivers.

Thank you. We look forward to sharing our day with you.

For additional information, please write to Summerland Sports & Classic Car Club,
PO Box 761, Lismore, NSW 2480.

or telephone: Jeff Johnston 0419 006 302 or
Terry Goldman 0429 380 381

or email: summerlandsportsclassiccarclub@gmail.com

PLEASE NOTE the entry charge of \$10 per vehicle

Trophies on the day will be awarded under the following categories:

Best Australian Car	Best Vintage or Veteran Car
Best American Car	Best Sports Car
Best British Car	Best Hot Rod
Best Japanese Car	Best Competition Car
Best European Car	Best Commercial Vehicle
People's Choice (by popular vote on the day)	

**Ladies Breakfast
Saturday 12th July 2025
Wylde Oak Cafe
Coffs Harbour Nursery**



Lunch at the Macksville Hotel 13th July 2025



A total of 34 members, partners and friends attended the lunch at the Macksville Hotel.

It was like a summers day in the garden courtyard and the food and service was excellent.

There were 3 lucky winners of the wine and chocolate prizes provided by Sandy Guymer.



New member Steve Horsfall and partner Gail attended in their lovely Austin A40 Devon

BYO Morning Tea at Valla Wednesday 16th July 2025





THE LATEST NEWS

Welcome to our April-May 2025 Newsletter

Our car club receives this publication regularly and I have selected a link which members may find interesting.

Clicking on the link below will provide access to the history of many different makes of vehicles.

Then, simply click on the make of vehicle you wish to read about.

Regards,

EDITOR

<https://historicvehicles.com.au/historic-car-brands>

IMPORTANT DATES



2025 Car Club General Meeting Dates

MONTH	DATE	DAY	LOCATION and TIME	TYPE
February	3	Monday	Coffs @ 7.00PM	General
March	3	Monday	Coffs @ 7.00PM	General
April	7	Monday	Coffs @ 7.00PM	General
May	4	Sunday	Urunga @ 11.00AM	General
June	1	Sunday	Urunga @ 11.00AM	General
July	6	Sunday	Woopi @ 11.00AM	General
August	3	Sunday	Woopi @ 10.30AM	General & AGM
September	1	Monday	Coffs @ 7.00PM	General
October	7	Tuesday	Coffs @ 7.00PM	General
November	3	Monday	Coffs @ 7.00PM	General
December	1	Monday	Coffs @ 7.00PM	General

Members please note.....

In 2025 we will be trialling 2 day time meetings at C.ex Urunga and 2 day time meetings at C.ex Woolgoolga.

These meetings will include the option for attendees to stay on for lunch at the respective clubs, at their own cost. The AGM will again still include the traditional free morning tea.

These changes are a Committee initiative to provide some options for members who are unable to attend evening meetings, particularly in the winter months.

Committee members meet for their Committee Meeting one hour prior to the General Meeting commencement time.

CEX COFFS CAR CLUB EMERGENCY PROCEDURE

SELF TRAINING MODULE FOR ALL MEMBERS



The car club emergency procedures have been restructured and reduced to one page.

Six important “Need to Know” topics have been selected and are supported by six short training videos.

As with all activities in the car club, participation is not compulsory, however this new procedure will provide those club members wishing to improve and retain their knowledge of the emergency procedures with ready access to a user-friendly self-training module.

The procedure is accessed from the **Car Club Website**.

Open the “Emergency Procedure” page and there are instructions explaining how to access the Self-Training videos.

Regular follow up by Committee, including feedback from participants, will be conducted at monthly club meetings.

KNOW THE DOCTORS ABCD ACTION PLAN "DRSABCD"

St John Ambulance Video – Duration 3 Minutes

https://www.youtube.com/watch?v=yBDk_dlzvaQ

KNOW YOUR CLUB EQUIPMENT – CUSTODIAN, LOCATION AND OPERATION

AED Authority Video – Duration 5 minutes

<https://www.youtube.com/watch?v=o-uHeD4Icq0>

KNOW HOW TO DO CPR

Victor Chan Video – Duration 4 minutes

<https://www.youtube.com/watch?v=Plse2FOkV4Q>

KNOW CORRECT CHEST COMPRESSIONS - BEATY METRODOME

Medical Feedback Technologies – Duration 3 minutes

<https://www.youtube.com/watch?v=Ntm4b4TCz50>

KNOW HOW TO OPERATE THE DEFIBRILLATOR

Victor Chan Video – Duration 2 minutes

<https://www.youtube.com/watch?v=2PJR0JyLPZY>

KNOW HOW TO DOWNLOAD THE EMERGENCY PLUS APP

First Aid Accident and Emergency Video – Duration 2 Minutes

<https://www.youtube.com/watch?v=p3WI27nxJ-c>

Club Regalia

Regalia serves an important role in identifying and promoting our car club in the local community and gives valuable exposure to C.ex Coff's in recognition of their support.

Our car club has accumulated a large range of regalia over the years however, there has been a noticeable recent decline in demand from members.

It is therefore timely that our Committee review the current range of Regalia by seeking feedback from members.

Members are encouraged to offer suggestions regarding what items of Regalia our car club should remove, retain or consider introducing.

As no feedback has been received from members to this notice after appearing in two editions of Idle Torque, this matter will be passed to the new Management Committee in August 2026 to conduct a review and make any changes they deem necessary.



FOR SALE



The car is a **1999 C200 ELEGANCE**, driven 373,00km, was always serviced in Sydney & here in Coffs by a Mercedes specialist & is in excellent condition. Includes a new battery and a brilliant Rhino roof basket.

We are selling because my wife of 82 has difficulty getting in & out of it. We live at Bonville and my asking price is \$6,000 which is also negotiable.

An interested party is requested to **text me (Michael) on 0422 044 420** in case I do not recognise the number & am willing to bring the car to anyone who is interested.

SUPPORT OUR SPONSORS



Battery World
BATTERIES TO POWER YOUR WORLD
24 HOUR
Unit 3, 22 Keona Circuit North Boambee Valley
13 17 60 or **02 6650 9588**



Octane
Darkest Legal Window Film
Tint-a-Car
Car. Home. Office.
Ph: 6651 6466
1/ 10 Marcia Street
COFFS HARBOUR
NSW 2450
Call 13 TINT
tintacar.com.au



Repsco
It starts with the parts
HOMEBASE SHOPPING CENTRE
252 PACIFIC HWY
COFFS HARBOUR NSW 2450.
TEL. 0266 521877
Show your Car Club Membership Card and get
a discount
(excludes catalogue & sale items)



autObarn
COFFS HARBOUR
GETS YOU THERE
FOR LESS!
GREAT SERVICE & ADVICE!
EXPERT INSTALLATION SERVICE!
FREE EXTENDED GUARANTEES!
GUARANTEED BEST PRICES!
WE HAVE ALL YOUR CAR NEEDS COVERED!
ACCESSORIES
SPARE PARTS & TOOLS
MOBILE ELECTRONICS
NAVIGATION SYSTEMS
CAR CARE
SEAT COVERS
OILS & ADDITIVES
PERFORMANCE GEAR
Your Local Autobarn
OPEN 7 DAYS
COFFS HARBOUR
UNIT 1, 3 NORTH
BOAMBEER RD
PH: 6651 8699
autObarn