

IDLE TORQUE



OCTOBER 2025

Edition No. 281

**Newsletter of the
C.ex Coffs Sports
Touring and Classic Car Club
PO Box 2068 Coffs Harbour 2450**

Email: cexcoffsstccarclub@gmail.com

Website: www.cexcoffsstccarclub.info

NSW Historic Motoring Association

<https://www.nswhma.org.a>



Disclaimer: The views and opinions expressed within this newsletter are not necessarily those of the C.ex Coffs Sports Touring and Classic Car Club or its Committee. Whilst all care has been taken, neither the club nor its officers accept responsibility for the accuracy of information printed and the quality of any items or services advertised or mentioned in this publication. The Committee reserves the right to edit contributions for publication

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LIFE MEMBERS Russell Phemister Judy Phemister			

**C.EX COFFS SPORTS TOURING AND CLASSIC CAR CLUB
GENERAL MEETING**

**C.EX COFFS SPORTS TOURING AND CLASSIC CAR CLUB
GENERAL MEETING
Tuesday 7 October 2025**

VENUE: CEX Coffs Harbour

Meeting commenced at 7:00pm

NUMBER PRESENT: TOTAL 22

APOLOGIES: Ian Reynolds, Tony Dingle, Patrick Mathon, Sandy & Michael Guymer, Dick Willis, Alan Petterson, Garry Bianco, Bob Rushbrook, Rolf Jauernig.

NEW MEMBERS: Bill Burnett Mazda MX5

GUESTS: None

**BUSINESS ARISING FROM PREVIOUS GENERRAL MEETING MONDAY 1
SEPTEMBER 2025
Nil**

CORRESPONDENCE IN:

Newsletters from various clubs.

Email from Stephen chasing information regarding a For Sale notice in Idle Talk back in 2020.

Enquiry from Heather Bernstein regarding joining club

Thankyou from Maureen Mattinson following receipt of get-well card

Email from Robert Burnett regarding member application.

Bulletin 2025/11 from NSW Historic Motoring Association.

CORRESPONDENCE OUT

Circulation of club newsletter

Various emails to members updating events

Newsletters from other clubs forwarded onto some of our members.

Bulletin 2025/11 from NSW Historic Motoring Association forwarded to relevant members.

Get well card to Maureen Mattinson following a stint in Hospital.

Moved that the correspondence be received as true and accurate.

Moved by: David Kennedy Seconded by: Mike Gosbell

TREASURER :

A report on income and expenditure for the month September was displayed for all members to examine.

Moved that the September financial report be received as true and accurate

Moved by: Warick Thomson Seconded by: Ian Ward

REPORTS

EVENTS COMMITTEE

Pat mentioned the success of the Woolgoolga Café outing with 19 club Cars in attendance.

This years Xmas party was discussed with more information in this month's Idle Torque.

EDITOR

No report

REGISTRAR

No report

WELFARE

Maureen Mattinson spent a few days in hospital

Ian Ward advised he had been in contact with Russell Phemister and he is going ok.

WEBMASTER

No report

PUBLICITY OFFICER

Nothing to report

GENERAL BUSINESS

Xmas party mentioned.

MEMBERS SPOT/STORYTIME

Craig Dandeaux advised that he has purchased an E Type Jaguar FHC.

Mike Gosbell mentioned that when recently in the UK he attended a car show and saw a very unusual car, a Fraser Nash which is chain driven. Worth a look on the internet.

Dennis Johnson also mentioned attending the Leyburn Sprints suggesting it is a place we all should attend at some time.

RAFFLES:

Winners were Pat O'Carroll, Bob Harriss, Warick Thomson, Steve Woods and Craig Dandeaux.

MEETING CLOSE AT 7:40pm

EVENTS CALENDAR SEPTEMBER – NOVEMBER 2025

DATE	DAY	MONTH AND EVENT	CONTACT	RSVP
		SEPTEMBER		
1st	Mon	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
3rd	Wed	MORNING TEA AT ANCHORS WHARF Depart Bonville Service Station 9.30am	Ian Ward iw09021948@gmail.com 02 6656 1029	Friday 29th Aug
7th	Sun	NEW CAR CLUB EVENT <u>SEE PAGE 6 FOR DETAILS</u> The Sandy Spoons Café Woolgoolga	Pat O'Carroll theocarrolls@hotmail.com 0448 017 048	Monday 3 rd Sep
14th	Sun	LUNCH AT NAMBUCCA GOLF CLUB Depart Bonville Service Station 11.00am	Sandy Guymer theguymers@bigpond.com 0417 200 488	Mon 10th Sept
27th	Sat	LADIES BREAKFAST Key Café High st Coffs Harbour MEET THERE 9.30am	Sandy Guymer theguymers@bigpond.com 0417 200 488	Wed 24th Sept
		OCTOBER		
7th	Tuesday Tuesday Tuesday	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
15th	Wed	MORNING TEA BEACHOUSE AT SANDY BEACH. Depart Homebase 9.30am	Ken Stanley kenstanley854@gmail.com 0438 396 987	Fri 10th Oct
26th	Sun	RUN TO ILUKA BYO Morning Tea at See Park Grafton Lunch at The Sedgers Reef Hotel Iluka Depart Homebase 9.00am (Can do morning tea only if you wish)	Steve Woods stevewoods2@bigpond.com 0408 436 356	Mon 20th Oct

DATE	DAY	MONTH AND EVENT	CONTACT	RSVP
		NOVEMBER		
3rd	MON	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
12th	Wed	MORNING TEA RUN 10.00AM BELLINGEN BUTTER FACTORY Depart Bonville Service Station 9.30am	Ian Ward iw09021948@gmail.com 02 6656 1029	Friday 7th Nov
30th	Sun	LUNCH RUN CORINDI BEACH HOTEL 12.30AM Depart Homebase 11.00am	Steve Woods stevewoods2@bigpond.com 0408 436 356	Fri 21st Nov



2026 - 2027 Car Club General Meeting Dates

MONTH	DATE	DAY	LOCATION & TIME	TYPE
Nov 2025	3	Mon	C.ex Coffs at 7.00pm	General
Dec 2025	1	Mon	C.ex Coffs at 7.00pm	General
Jan 2026				
Feb 2026				
Mar 2026				
Apr 2026				
May 2026				
Jun 2026				
Jul 2026				



FARTHER's DAY
SANDY SPOONS CAFE-WOOLGOOLGA
7th September 2025



The Event was well attended, the Vehicles enjoying a beautiful sunny day. The owners enjoyed the fine weater as well!



LUNCH at NAMBUCCA GOLF CLUB
14th September 2025



LADIES BREAKFAST

KEY CAFE
High St Coffs Harbour

27th September 2025

CHRISTMAS PARTY

2025

**Sunday 7th December
The Link 631 Hogbin Drive Toormina
Next to Cutlers Tyrepower
11.00am – 3.00pm**

*Members, partners, family, and friends all welcome
Christmas style lunch, ham, chicken, salads, desserts etc*

Tea, coffee, cutlery, crockery all provided

BYO drinks, alcohol allowed

Decorate your table and bring your own nibbles

Games, Prizes and Music

No cleaning or washing up, just come along and enjoy

Numbers are strictly limited to 60, so book early

\$25 per head for members and partners and \$30 for visitors

Payment by **direct credit** BSB 533000 Account Number 10652729

Surname must be shown in the reference field

RSVP to Pat O'Carroll by **23rd November**

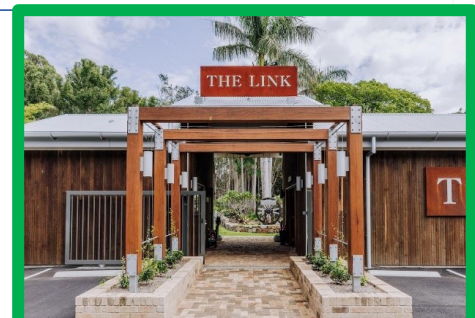
Email: theocarrolls@hotmail.com Mobile: 0448 017 048

If you cannot pay direct, please contact the Club Treasurer

Warwick Thomson - Mobile: 0438 665 236



***"More
than just a
car club"***



CEX COFFS CAR CLUB EMERGENCY PROCEDURE SELF TRAINING MODULE FOR ALL MEMBERS

\The car club emergency procedures have been restructured and reduced to one page.

Six important “Need to Know” topics have been selected and are supported by six short training videos.

As with all activities in the car club, participation is not compulsory, however this new procedure will provide those club members wishing to improve and retain their knowledge of the emergency procedures with ready access to a user-friendly self-training module.

The procedure is accessed from the **Car Club Website**.
Open the “Emergency Procedure” page and there are instructions explaining how to access the Self-Training videos.

Regular follow up by Committee, including feedback from participants, will be conducted at monthly club meetings.

KNOW THE DOCTORS ABCD ACTION PLAN "DRSABCD"

St John Ambulance Video – Duration 3 Minutes

https://www.youtube.com/watch?v=yBDk_dlzvaQ

KNOW YOUR CLUB EQUIPMENT – CUSTODIAN, LOCATION AND OPERATION

AED Authority Video – Duration 5 minutes

<https://www.youtube.com/watch?v=o-uHeD4Icq0>

KNOW HOW TO DO CPR

Victor Chan Video – Duration 4 minutes

<https://www.youtube.com/watch?v=Plse2FOkV4Q>

KNOW CORRECT CHEST COMPRESSIONS - BEATY METRODOME

Medical Feedback Technologies – Duration 3 minutes

<https://www.youtube.com/watch?v=Ntm4b4TCz50>

KNOW HOW TO OPERATE THE DEFIBRILLATOR

Victor Chan Video – Duration 2 minutes

<https://www.youtube.com/watch?v=2PJR0JyLPZY>

KNOW HOW TO DOWNLOAD THE EMERGENCY PLUS APP

First Aid Accident and Emergency Video – Duration 2 Minutes

<https://www.youtube.com/watch?v=p3WI27nxJ-c>



Regalia serves an important role in identifying and promoting our car club in the local community and gives valuable exposure to C.ex Coffs in recognition of their support.

Our car club has accumulated a large range of regalia over the years however, there has been a noticeable recent decline in demand from members.

It is therefore timely that our Committee review the current range of Regalia by seeking feedback from members. Members are encouraged to offer suggestions regarding what items of Regalia our car club should remove, retain or consider introducing.



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