

IDLE TORQUE



SEPTEMBER 2025

Edition No. 280

**Newsletter of the
C.ex Coffs Sports
Touring and Classic Car Club
PO Box 2068 Coffs Harbour 2450**

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Website: www.cexcoffstccarclub.info

NSW Historic Motoring Association

[https://www.nswhma.org.a](https://www.nswhma.org.au)



Disclaimer: The views and opinions expressed within this newsletter are not necessarily those of the C.ex Coffs Sports Touring and Classic Car Club or its Committee. Whilst all care has been taken, neither the club nor its officers accept responsibility for the accuracy of information printed and the quality of any items or services advertised or mentioned in this publication. The Committee reserves the right to edit contributions for publication

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C.EX COFFS SPORTS TOURING AND CLASSIC CAR CLUB
GENERAL MEETING
Monday 1 September 2025

VENUE: CEX Coffs Harbour
Meeting commenced at 7:00pm

NUMBER PRESENT: TOTAL 29 (26 members 3 partners as per sign on register)
APOLOGIES: David Mapstone, Bob Harris, Stephen Horsfall, Russell and Judy Phemister, Andy Gibson.

NEW MEMBERS: Nick Davison, who spoke briefly about his 1977 Holden Kingswood which is in original condition.

GUESTS: Nil

BUSINESS ARISING FROM PREVIOUS GENERAL MEETING SUNDAY 3 August 2025
Nil business arising

CORRESPONDENCE IN:
Newsletters from other car clubs, Inverell, Coffs Veteran & Vintage, NSW HMA Newsletter, Mount Gambier VVCC.

CORRESPONDENCE OUT:
Circulation of club newsletter
Various emails to members updating events and event reminders.
Moved that the correspondence be received as true and accurate.
Moved by: David Kennedy Seconded by: Sandy Guymer

TREASURER :
A report on income and expenditure for the month of August was displayed for all members to examine.
Moved that the August financial report be received as true and accurate
Moved by: Warick Thomson Seconded by: Mike Gosbell

REPORTS

EVENTS COMMITTEE:
Sandy Guymer spoke about upcoming events whilst a schedule of events was shown on the screen.

EDITOR :
In the absence of our editor, Michael Guymer briefly spoke about the changes to the system for producing Idle Torque. He advised that all seems in order.

REGISTRAR:
No report

WELFARE

No report

WEBMASTER:

All is well with Michael Guymer encouraging members to continue to access this site.

PUBLICITY OFFICER:

No report

GENERAL BUSINESS

Pat O'Carroll mentioned the following

1: Effective September 2025 the minutes of all general meetings will again be shown in Idle Torque.

2: Whilst day time meetings have been a success your committee will continue with Monday night meetings for now and re-assess the situation later in the year.

3: Last weekend Dick Willis and Mike Gosbell attended the Grafton Hillclimb. Dick won his class with Mike finishing second in his.

Ian Reynolds spoke about local availability and pricing of our club caps. It was agreed the club purchase some to keep in stock. Ian will also investigate what alternatives are available for the women in our club and should they be in another colour, Pink was suggested.

MEMBERS SPOT/STORYTIME

Jeff Clancy spoke about a recent event where he had some repairs done to his vehicle that did not go as planned. Jeff was full of praise for two workshops but very critical of another. Whilst we won't mention that business here, I am sure Jeff will fill you in if you are interested.

RAFFLES:

Raffles were won by Peter Thomson, Craig Dandeaux, Warick Thomson, Gary Bianco and Pat Mathon

MEETING CLOSE AT 7:30pm.

EVENTS CALENDAR SEPTEMBER – NOVEMBER 2025

DATE	DAY	MONTH AND EVENT	CONTACT	RSVP
		SEPTEMBER		
1st	Mon	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
3rd	Wed	MORNING TEA AT ANCHORS WHARF Depart Bonville Service Station 9.30am	Ian Ward iw09021948@gmail.com 02 6656 1029	Friday 29th Aug
7th	Sun	NEW CAR CLUB EVENT <u>SEE PAGE 6 FOR DETAILS</u> The Sandy Spoons Café Woolgoolga	Pat O'Carroll theocarrolls@hotmail.com 0448 017 048	Monday 3 rd Sep
14th	Sun	LUNCH AT NAMBUCCA GOLF CLUB Depart Bonville Service Station 11.00am	Sandy Guymer theguymers@bigpond.com 0417 200 488	Mon 10th Sept
27th	Sat	LADIES BREAKFAST Key Café High st Coffs Harbour MEET THERE 9.30am	Sandy Guymer theguymers@bigpond.com 0417 200 488	Wed 24th Sept
		OCTOBER		
7th	Tuesday Tuesday Tuesday	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
15th	Wed	MORNING TEA BEACHSTONE CAFE 2 Beach Way Sapphire Beach Depart Homebase 9.30am	Ken Stanley kenstanley854@gmail.com 0438 396 987	Fri 10th Oct
26th	Sun	RUN TO ILUKA BYO Morning Tea at See Park Grafton Lunch at The Sedgers Reef Hotel Iluka Depart Homebase 9.00am (Can do morning tea only if you wish)	Steve Woods stevewoods2@bigpond.com 0408 436 356	Mon 20th Oct

DATE	DAY	MONTH AND EVENT	CONTACT	RSVP
		NOVEMBER		
3rd	MON	MONTHLY MEETINGS CEX COFFS General Meeting 7.00pm Committee Meeting 6.00pm		
12th	Wed	MORNING TEA RUN 10.00AM BELLINGEN BUTTER FACTORY Depart Bonville Service Station 9.30am	Ian Ward iw09021948@gmail.com 02 6656 1029	Friday 7th Nov
30th	Sun	LUNCH RUN CORINDI BEACH HOTEL 12.30AM Depart Homebase 11.00am	Steve Woods stevewoods2@bigpond.com 0408 436 356	Fri 21st Nov

NEW CAR CLUB EVENT

The car club has been invited to attend the reopening of a café in Woolgoolga on the morning of **Sunday 7 September (Father's Day)**.

The café which was formally known as The Hub Café under the surf club is now The Sandy Spoons Café and its official opening will be on Sunday 7 September.

The café management has arranged special parking on the grassed area in front of the café and will be providing drivers of cars on display a voucher for a free coffee. Start time is 9.00 and you can get access for display cars parking via the Surf Club carpark off Carrington St. You can stay for a short time or a long time.

We need RSVPs, so if you would like to attend could you please advise Pat O'Carroll on the mobile 0448 017 048 or email theocarrolls@hotmail.com by **Monday 1 Sept.**

IMPORTANT DATES



2026 - 2027 Car Club General Meeting Dates

MONTH	DATE	DAY	LOCATION & TIME	TYPE
Nov 2025	3	Mon	C.ex Coffs at 7.00pm	General
Dec 2025	1	Mon	C.ex Coffs at 7.00pm	General
Jan 2026				
Feb 2026				
Mar 2026				
Apr 2026				
May 2026				
Jun 2026				
Jul 2026				
Aug 2026				
Sep 2026				
Oct 2026				
Nov 2026				
Dec 2026				
Jan 2027				

EDITORS NOTES.

Thank you to all the members who have forwarded Photo's of the events have been organised. Without the Input from members, there will be no Output. If any member has Ideas or comments on contents or how the Newsletter can be improved please contact me in person or email me.

Regards

Steve Horsfall.



ROTARY CAR SHOW PARK BEACH PLAZA **10th August 2025**



Top- Dave Norton's Bentley and Ken Stanley's Humber

Left- Dick Willis's race car.

Right- Tony Goninan's Mighty Boy



MORGO PARK URUNGA 13th August 2025





THE SUNDANCE TAVERNA URUNGA

(changed from The Raleigh Winery which was listed in the original events calendar).

24th August 2025



CEX COFFS CAR CLUB EMERGENCY PROCEDURE SELF TRAINING MODULE FOR ALL MEMBERS

The car club emergency procedures have been restructured and reduced to one page.

Six important “Need to Know” topics have been selected and are supported by six short training videos.

As with all activities in the car club, participation is not compulsory, however this new procedure will provide those club members wishing to improve and retain their knowledge of the emergency procedures with ready access to a user-friendly self-training module.

The procedure is accessed from the **Car Club Website**.
Open the “Emergency Procedure” page and there are instructions explaining how to access the Self-Training videos.

Regular follow up by Committee, including feedback from participants, will be conducted at monthly club meetings.

KNOW THE DOCTORS ABCD ACTION PLAN "DRSABCD"

St John Ambulance Video – Duration 3 Minutes

https://www.youtube.com/watch?v=yBDk_dlzvaQ

KNOW YOUR CLUB EQUIPMENT – CUSTODIAN, LOCATION AND OPERATION

AED Authority Video – Duration 5 minutes

<https://www.youtube.com/watch?v=o-uHeD4Icq0>

KNOW HOW TO DO CPR

Victor Chan Video – Duration 4 minutes

<https://www.youtube.com/watch?v=Plse2FOkV4Q>

KNOW CORRECT CHEST COMPRESSIONS - BEATY METRODOME

Medical Feedback Technologies – Duration 3 minutes

<https://www.youtube.com/watch?v=Ntm4b4TCz50>

KNOW HOW TO OPERATE THE DEFIBRILLATOR

Victor Chan Video – Duration 2 minutes

<https://www.youtube.com/watch?v=2PJR0JyLPZY>

KNOW HOW TO DOWNLOAD THE EMERGENCY PLUS APP

First Aid Accident and Emergency Video – Duration 2 Minutes

<https://www.youtube.com/watch?v=p3WI27nxJ-c>



Regalia serves an important role in identifying and promoting our car club in the local community and gives valuable exposure to C.ex Coffs in recognition of their support.

Our car club has accumulated a large range of regalia over the years however, there has been a noticeable recent decline in demand from members.

It is therefore timely that our Committee review the current range of Regalia by seeking feedback from members. Members are encouraged to offer suggestions regarding what items of Regalia our car club should remove, retain or consider introducing.



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